



Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011



Scan to Visit

Table of Contents

Obituary	Page 3
Tribute Wall	Page 5



Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011

FROST, GARY ALLEN “Our Mighty Warrior.” “In all your ways acknowledge Him and He will make your paths straight.” Proverbs 3:6. Gary, age 45, suffered a heart attack and was called home by Our Lord on Friday, Sept. 2, 2011 at 2:30am, where he was surrounded by his loving family and a host of friends in the E.R at Mercy San Juan Hospital. He was born on August 8, 1966 in Sacramento, Ca to Allen and Irene Frost. He attended elementary school in the Robla School District and was a 1984 graduate of Rio Linda High School. Gary was an avid sportsman. He played on the Rio Linda Little League/All Star Baseball, high school baseball and football teams. He loved going pheasant and duck hunting, fishing and camping with his father and friends. In high school, Gary really valued taking many types of shop classes which included woodcraft, metal, welding, auto mechanics, etc. His father, Allen Frost, attended Adult Night School which was provided by McClellan Air Force Base and in turn, taught Gary appliance and air conditioning repair. Gary is survived by his loving wife JoLinda of 23 years, treasured daughter Desiree Deanne, treasured son Gary Allen Jr., mother Irene Frost, sister Karen Scott, mother-in-law Jo Ann Steuart, and grandmother Perina Cole. He is also survived by numerous cousins, aunts, uncles, brother-in-laws, sister-in-laws, nieces, nephews, friends and vast church family. He is preceded in death by his loving father Allen Frost, grandparents Roy & Catherine West, and Ernie & Evelyn Nygaard, and father-in-law Walter Steuart. As the Drilling Supervisor, Gary was a 20 year very loyal, dedicated and versatile employee of Eaton Drilling Co., Inc. located in Woodland, Ca. He thoroughly enjoyed spending quality time with his family and friends - especially summer camping and boating vacations. His interests included many church functions, and gardening. He was an avid gourmet BBQ master. He was a mightily devoted compassionate man of God and a member of the Church of God 7th Day, North Fellowship for the past 21 years. He never knew a stranger and was always “there to



Obituary

Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011

lend a helping hand” anytime, anywhere, and to anyone in need. He was such a kind and gentle soul, a man of true and genuine character. He loved everyone and will be sorely missed by all who knew and loved him. Viewing will be held on Friday, September 9, 2011 from 4:00-8:00pm at Sunset Lawn Chapel of the Chimes 4701 Marysville Blvd., Sacramento 916-922-5833. His sister Karen Scott will be there to greet you. A Celebration of Gary Allen’s Life will be held on Saturday, September 10, 2011 at 3:00pm at the Church of God 7th Day, 5501 Dewey Dr., Fair Oaks, Ca. Officiating the service will be Pastor Jerry Camero. There will be no graveside services. “Life is not about the amount of time we’re given, but what we did with the time we had.”



Tribute Wall

Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011

PH

Phypealiepe posted:

xManI <http://www.coyoteo.com> cheap ugg boots ruadm uggs for sale Symlk cheap uggs zmlbm

December 15 at 10:21 AM

WE

Wetbuptupebef posted:

sagdfs <http://www.chatterx.org> uggs outlet for cheap chjhmq ugg boots clearance sale cmyftw discount ugg boots febdjt

December 15 at 7:07 AM

SE

Seefenginee posted:

iygmbuu <http://www.ugg-bootson-sale.com> ugg boots on sale okamqoy ugg boots on sale rattacn ugg boots on sale dwhkj

December 15 at 2:20 AM

WH

Whawvinna posted:

macic <http://www.bottes-ugg-pas-cher.net> bottes ugg qwhvv bottes ugg cmdwz botte ugg pas cher otwuv

December 14 at 4:46 PM

AV

Avettefraumma posted:

yeeol <http://www.uggs-online-australia.com> ugg australia online furbj uggs online sbqyg jgcim ugg australia online ekhqb

December 12 at 12:17 PM

UY

Uysxtmkp posted:

cldrng <http://www.ugguggsbootsoutlet.com> ugg outlet cipiwwh ugg outlet fhxoupz ugg factory outlet ubk

December 9 at 11:55 AM



Tribute Wall

Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011

RZ

Rzrqpj posted:

wrvvhsp <http://www.moncler-doudoune-fr.org> moncler doudoune ckegdeb doudoune moncler
lfkwkff moncler.fr kameh

December 9 at 1:31 AM

KU

Kufzpeb posted:

xparwf <http://www.bgaworld.com> cheap ugg boots uk qxqgra cheap ugg boots xtskqv cheap ugg
boots uk bnnlkp

December 6 at 5:43 PM

QG

Qgcmnvam posted:

oasqbih <http://www.ugg-australia-cheap.com> ugg australia xddisvh <http://www.ugg-australia-cheap.com/> – ugg boots australia tecwedx ugg boots melbourne dwu emu ugg boots dmgrfa

December 6 at 4:36 PM

IE

lesuonnx posted:

oxyrgnp <http://www.uggsonlinebestellen-uggs.com> ugg online ofbxwpw ugg goifxas ugg xat

December 4 at 8:59 AM

LY

Lymqrwbko posted:

lgzprxc <http://www.ugg-store-in-uk.co.uk> ugg store bngerrs womens ugg boots kjxxnxh Ugg store
ejc

December 4 at 8:59 AM

LI

Liuhoemek posted:

wytnrzt <http://www.doudoune-monclerpascher.net> moncler pas cher hiixdxa doudoune moncler
femme ypcaras moncler pas cher woxvw

December 4 at 7:59 AM



Tribute Wall

Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011

MJ

Mjkuzor posted:

flzee <http://www.netstivali-ugg-online.com> ugg online wtmeH ugg online hdjbp <http://www.netstivali-ugg-online.com> – stivali ugg bhfrs

December 4 at 6:37 AM

KU

Kuaqeh posted:

wevwks <http://www.chatterx.org> ugg boots bejlaz uggs outlet stores cdztmu uggs on sale ndevey

November 27 at 3:20 AM

KU

Kuqkxdp posted:

hgnsd <http://www.bgaworld.com> cheap ugg boots reegtw cheap ugg boots uxvpck cheap ugg boots uk ncerml

November 27 at 2:40 AM



Tribute Wall

Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011



Baxraak posted:

dzsm ugg boots hfp <http://www.uggboots-uk-sale.org> ugg boots sale uk ztax <http://www.uggboots-uk-sale.org> – ugg boots sale uk gbmlgomk <http://www.uggsonsale-uggsonsale.us> – uggs on sale scxfhfhmzcr <http://www.cheapuggs-boots.us> fsttide <http://cheapuggsboots01.weebly.com/> – cheap uggs boots exhxvp cheap uggs dahgietxdq <http://www.cheapugguggboots-uk.co.uk> uoqcuo uggs pcjoo=== new anudi <http://www.ugg-boots-mall.co.uk> womens ugg boots vliok ugg boots fuwhh <http://www.ugg-boots-mall.co.uk> – womens ugg boots hrbpnfgylwsy <http://cheapuggsboots01.weebly.com> kwvpqm <http://www.cheapugguggboots-uk.co.uk/> – cheap ugg boots qyev ugg uk mkhopogzw <http://www.uggsonsale-uggsonsale.us> uggs on sale qkna cheap ugg boots sale mlia <http://www.ugguggbootsuk-sale.co.uk> ugg boots eeha <http://camille000.webstarts.com> uggs outlet stores sgjz <http://cheapuggsboots01.weebly.com> ugg boots cheap esaexvfn <http://www.store-uggoutlet.com> ugg outlet ugg outlet ayivc <http://www.store-uggoutlet.com> – ugg outlet jyquxanb <http://www.discountuggboots-us.net> – ugg boots discount mfawgd <http://www.ugguggbootscheap.com> ugg boots cheap qdmuibmejzmd <http://www.cheapuggs-boots.us> tlqgozo <http://www.uggbootsaleuk001.350.com/> – ugg boots sale uk mgvarvb ugg boots uk sale jvfuekpx <http://www.uggboots-sale-cheap.com> uggs on sale cheap wqhwi uggs on sale cheap gfbjw bcfng <http://www.uggboots-sale-cheap.com> – ugg boots daffcxgld ugg boots sale xvzp <http://www.uggs-uk-sale.net> – uggs uk sale exct <http://www.ugguggoutlet-online.com> ugg outlet online hflzlvvj ugg boots cheap qjf <http://www.uggbootssale-ugg.net> – leather ugg boots brszh <http://www.uggs-uk-sale.net> uggs uk pptjxkjpj <http://www.uggs-store.net> Ugg store uugjr Ugg store ipodd qqs <http://www.uggs-store.net> – Ugg store vdujdwllujzox <http://www.cheap-uggboots-uk-sale.com> Ugg boots sale uk vzwxsx uggs on sale jqdsvb <http://www.uggsforcheap-ugg.com> – uggs for cheap eakwwr 30qhlmcr <http://www.uggoutletstorefactory.com> ugg outlet gfwnsa ugg bootstrpz <http://www.ugguggbootscheap.com> – ugg australia discount code ivclzu <http://www.ugguggbootsuk-sale.co.uk> ugg boots sale uk pfvmadkuxegvo <http://camille000.webstarts.com> – uggs outlet stores glzxsx ugg outlet uwdzderw discount ugg boots wymzxf <http://www.uggbootssale-ugg.net> leather ugg boots momuoukll uggs uk sale mzse <http://www.ugguggoutlet-online.com> – ugg outlet adbtirh ugg outlet qjhqm <http://www.discountuggboots-us.net> discount ugg boots svvhooabjr <http://www.uggbootsaleuk001.350.com> vuuvvlh <http://www.cheapuggs-boots.us/> – cheap uggs jaek ugg boots ptols

September 6 at 3:51 PM



Danny Villasana posted:

Nice to see God mentioned in ones obituary..what a glorious time this brother in the Lord is having right now, May God Bless your entire family!

October 17 at 1:54 PM



Tribute Wall

Gary Allen Frost

AUG 8, 1966 - SEP 2, 2011

TF

The Wood Family posted:

we are sorry for your lost he was a really good man and father and are kids look up to him as uncle gary.. to his family we are here for you if you need anything... love the wood family....

September 7 at 7:41 AM

JM

John, Charlotte, Steve Mitchell posted:

JoLinda, Desiree, Gary Jr. and Irene, Words are so inadequate to tell each of you how sorry we were to hear about Gary. Once in a great while, in this life, you are privileged to know a truly genuine person. A person who loved and lived from his heart. Gary was, no is, such a person. Our prayers are with you, and may the truth of the Great Resurrection to come comfort you every day of your lives. God bless each of you and keep you close. John, Charlotte and Steve

September 7 at 6:44 AM

TF

The Lee Family posted:

JoLinda, Desiree, Gary Allen & family, Words cannot express the sorrow and shock we felt at the news of Gary's passing. We are so very sorry for your loss. The first words that come to mind when I think of Gary are fun and kind. He would always greet us with a smile and a hug or a handshake. It was just a pleasure to be around him. He will be missed by us all. We are so glad that we can be sure he is with his Lord and Savior and that the knowledge of that will bring you all some comfort during this very difficult time. We will try and reach you in the days to come, but in the meantime, please know that our thoughts and prayers are with you. We love you all- Chris, Joanna, Gavin, and Aaron Lee

September 6 at 3:51 PM



Memories only last if you share them

Join us in honoring Gary by contributing to a collection of shared memories.



Scan to Visit